

THE STEROID LINK

A comprehensive survey regarding the profile of athletes who use anabolic steroids



Original Research
Complete reference
provided in issue.

THE WORD "STEROIDS" IS DROPPED ALL THE TIME IN SPORT, BE IT A STRENGTH SPORT OR NOT. THE FACT IS, THE MAJORITY OF "USERS" ARE NON-ATHLETES, PEOPLE THAT COULD NOT EVEN ROLL THIS BARBELL.

It seems as though everybody is talking about steroids, cheating athletes, and at-risk youth whenever sport is the topic of conversation. This is probably most true these days in conversations about baseball players. But since the Marion Jones debacle, track and field athletes are also implicated, and, of course, the biggest and strongest of them all, the strength athlete, has always been implicated. There is also a great deal of talk about how children are using steroids, too. This issue has become so front-page that Congress has tried to legislate about steroids in sport. But what does the research say about who the typical steroid user is? Without that information, our legislators, the media, and the public in general are pursuing this matter based on emotion rather than on evidence-based fact.

Power Key: AAS, anabolic androgenic steroids, steroid demographics